

*Rachael*



In my life, I have always been the type that loves passing information without checking whether it is true or not. I used to be that type that doesn't like associating with people, talk less of preaching peace. Until I started reading sociology so I could understand man in the society. Meanwhile there I started learning how to talk to people, because I constantly carry out research trying to understand a lot of happenings in our society so one day I was invited for a workshop and that workshop thought me a lot of things and I started seeing myself getting to a level I couldn't believe. Change communication has thought me a lot for instance, to verify and information before talking or sending to other, through UBUNTU our way I learnt how to live with people in the society, to preach the language of peace, to welcome stranger and listen to them, the group has gone so far, organizing little activities which has thought me how to interact with people, it has also helped to see people in that group as family and the training certificate had help boost my CV in sociology and has helped me even at the level of education, it has facilitate some research topics for me concerning internally displaced person, thanks to change communication ( Ubuntu family ) has made me to see things in a different way and has helped me live with people and stranger without any problem. I wish to take this opportunity to thank the founders, teacher, for the great work and I believe together we can change Cameroon why not the world.